



DynamicSpike Volleyball Hitting Trainer

User Instructions



Important Information:

- The DynamicSpike Volleyball hitting trainer fits into standard basketball rims.
- Verify the basketball goal can support the weight of the volleyball hitting trainer.
- The basketball goal should be *firmly secured* and the rim should be level.
- Remove the net from the basketball rim to ensure a clear hitting path.
- Follow the assembly instructions on the *reverse side* of this sheet.



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Assembly Instructions

1. Refer to the diagram below.
2. Connect the “**Arms**” to the “**Bowl**” using the enclosed “**Screws**” and “**Wing Nuts.**”
3. Ensure the basketball goal is *firmly secured*, the rim is level, and net is removed.
4. Place the volleyball hitting trainer into the basketball rim and ensure it is level.
5. Load volleyballs into the bowl 1 at a time. For best results, no more than 3 total.
6. The volleyball hitting trainer is ready for use!

Any questions, please contact us at Service@DynamicSpikeVolleyball.com.

